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## *Bratton Clinic of Permanent Cosmetics LLC*

### **POST PROCEDURE INSTRUCTIONS FOR AREOLA PIGMENTATION**

Immediately following an areola pigmentation procedure, the area may appear too dark with an unnatural "drawn in" appearance. Once healing is complete you will be able to fully appreciate the color and softness of your areola pigmentation procedure. It is also possible that the color will heal too light, which can easily be corrected during your complimentary touch up session.

- Use a wet clean cotton swab to remove excess pigment from the area.
- Apply light coating *Aquaphor* or *Petroleum Jelly* to Areola using cotton swab (not your fingers) 4-6 times a day to keep it moist until healed.
- Put 4x4 piece of gauze pad on treated area. Wear gauze pads with ointment under a bra during the day for the next couple of days. Bra shouldn't be too tight, as the area may not heal properly.
- Before bedtime cleanse treated area with water and apply Aquaphor or Petroleum Jelly, but don't cover with gauze pad.

#### **For the next 14 days following Areola Pigmentation:**

- Do not let direct spray from the shower hit the areola pigmentation area for the first 7 days after the procedure. Allow the water to run gently down your body.
- Do not expose treated area to the sun.
- Do not use cleansing creams or chemicals. You may rinse with water and lightly pat the area dry.
- Do not scrub treated area.
- Do not pick at the epithelial crust, allow it to flake off on its own.
- Do not soak treated area in bath and hot tub, avoid swimming in fresh, salt or chlorinated water.

Failure to follow post-treatment instructions may cause loss of pigment, discoloration or infection.

If necessary, an appointment for a touch up procedure may be made between 4-6 weeks following the initial procedure at no extra charge.